

Quest Self-Assessment

Directions: Please rate the extent to which you demonstrate the listed characteristics or skills.

Use the following scale:

1 = Poor

2 = Below Average

3 = Average

4 = Above Average

5 = Excellent

	Characteristic or Skill	1	2	3	4	5
1.	My record of keeping commitments.					
2.	My effectiveness in working with diverse team members.					
3.	My recognition of my own strengths and weaknesses.					
4.	My ability to stay flexible in challenging situations.					
5.	My ability to work in unstructured settings.					
6.	My willingness to accept responsibility.					
7.	My determination in solving difficult problems.					
8.	My personal interest in helping others to develop their skills.					
9.	My listening ability.					
10.	My analytical skill.					
11.	My experience delegating tasks to others.					
12.	My record of creating and following plans.					
13.	My time management.					
14.	My personal interest in this particular project.					
15.	My ability to think big.					
16.	My ability to focus on details.					
17.	My communication skills.					
18.	My experience in leading meetings.					
19.	My facilitation skills.					
20.	My budgeting skills and experience.					
21.	My personal financial organization (checkbook, receipts, etc.)					
22.	The trust others place in me.					
23.	My trust of others.					
24.	My willingness to take risks.					
25.	My ability to set challenging goals for myself.					

Scoring: There are no total scores on this assessment. However, we hope that these items have inspired you to think about the types of skills, experiences and qualities you should have to become a proficient project manager. We suggest that you identify your weaknesses on this assessment and look for learning and experiential opportunities to improve in these areas.